#### **MAMAKITA Family Friendly Greece**

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#mamakitameansmommylook #familyfriendlygreece

SUMMER 2021

# **Tour of the Peloponnese for Families**

### Customizable 10-day family package

The tour of the Peloponnese is a journey to the highlights of Greek mythology and the ancient Greek civilization. A rich and hospitable land all year long and a miniature of the Mediterranean landscape, the Peloponnese represents Greece's rich soil: it is the place where endless vineyards meet vast olive groves, the homeland of the renowned Corinthian raisin, the notorious Nemean red wine colored with "Hercules' blood", as it is often narrated, and the Kalamata extra virgin olive oil.

Traveling in the area combines learning with pleasure. Depending on your vacation period and interests, you will have the chance to sail in the most hospitable seas, experience family-friendly tours in ancient sites like Mycenae, Epidaurus and Olympia and visit the settings of myths and legends in their original scenery. Explore authentic villages, picturesque towns and legendary castles; taste authentic local products; relish your journey at a slow pace in beautiful sandy beaches with shallow and warm waters and connect as a family with nature creating memories that will last forever.

Possible extension of your trip to Athens, the Greek islands, Delphi, Meteora, Zagori, Northern Greece or additional days in summer months to cherish the sea and the sun!





### At a glance

What is included (customizable)

- ➤ 9 nights at family-friendly accommodations about which we have firsthand experience and which conform to MAMAKITA and our team's high standards (listed <a href="https://example.com/here">here</a>). Through our proposals, you will be the one to choose which type of accommodation meets your expectations, be it a hotel, a farm or an independent villa!
- > Selected kid-friendly tours and activities that MAMAKITA team of travel advisors has handpicked based on firsthand experience according to the interests, the budget and the age of kids
- A detailed day-by-day personalized travel guidebook with a custom Google Map with pins compiled from our team's extensive travel experiences. The travel guidebook includes all relevant and useful information regarding places of interest, family-friendly activities, kid-friendly beaches, taverns and restaurants, playgrounds, as well as all emergency contacts every family may need to travel independently and safely.

## Indicative day-by day program

**Day 1: Acrocorinth and Greek Traditions** 





On your way to the Peloponnese, you can make a stop at the Corinth Canal and then visit Ancient Corinth and the Acrocorinth to learn more about the history of the area and admire the views over the Corinthian Gulf.

After your history tour of the day, you visit "Linos", a museum that is a simulation of a 19<sup>th</sup> century Greek village to enjoy a farm-to-table light meal like a local. Your guide, Elena will take you back in time with a kid-friendly and interactive tour. You collect the eggs of the day, fresh vegetables and fruits from the garden, and with the guidance of Elena, you prepare your farm-to-fork "Greek table" and enjoy your meal and your traditional Greek coffee.

In the afternoon, you can relax and enjoy the sea or you may visit the "rich in gold" Mycenae, the center of the Mycenaen civilization and kingdom of Agamemnon, the place where

the Trojan War began. You have the option to attend a ceramic workshop to create your own souvenir to take back home and remember this precious day forever!

#### Included:

• 1 ½ hour private interactive guided tour in Linos and light meal

#### **Optional:**

- 4-hour Mycenae privately guided tour and pottery workshop
- 2-hour privately guided tour in the Corinth Canal, Ancient Corinth and Acrocorinth
- Corinth Canal crossing by boat
- Wine & olive oil tasting and lunch with products from a biodynamic farm
- Bread kneading in "Linos"
- Wine pressing and grape-tasting in "Linos" (from August to October)

#### Day 2: Epidaurus & Nafplio





Today is the day to discover Ancient Epidaurus, the most famous healing center of the Greek and Roman world, considered to be the birthplace of medicine. With the guidance of our certified guide, take a tour in the site and experience drama games designed for the whole family inside the ancient theatre.

Then head to Nafplio, the first capital of Greece. You will have the opportunity to experience a guided tour that your children will also enjoy, like a bike tour including swimming and a picnic, or a food tour in the city center, or a sea kayak tour. After your meal, visit an old factory transformed into an art center, a place ideal for families, enjoy your coffee, while your kids entertain themselves with art activities.

#### Included:

- Epidaurus privately guided tour and drama game for kids
- 1-hour art activities for kids led by a pedagogue in Nafplio

- 3-hour Nafplio tour by bike, swimming and picnic
- 3-hour Nafplio food tour
- 4-hour Sea kayak in Nafplio or Epidaurus

Day 3: Day trip to Nemea & mountainous Corinthia





This day is dedicated to Nemea and mountainous Corinthia -the so-called "Greek Switzerland"-lakes Doxa and Stymphalia, the land where semi-God Hercules accomplished two out of his 12 Labors. Start your day from Nemea, famous for its red wines from the Agiorgitiko grape variety, with a kid-friendly tour to a local winery. After the tour, the whole family will listen to Greek myths related to God Dionysus, the God of grape harvest, winemaking, religious ecstasy and theatre, and to the children-loved hero Hercules, told from a professional and inspiring storyteller experienced in kids.

Then, while adults will be given the time to meet the Greek varieties and taste the Nemean wines and the hors d'oeuvres, children will participate in drama and sensory games regarding the grape, the raisin, Greek mythology, and their role in the Greek culture: they will taste products like grape must cookies, grape juice, vine, raisins and depending on the season fresh grapes and "moustalevria" (a traditional dessert containing grapes and flour).

After your meal, you continue to mountainous Corinthia, where you have the chance to swim and enjoy lake activities, visit the unique interactive Stymphalia Environment Museum, cherish the view from Ancient Stymphalos and trace the place where Hercules fulfilled the Labor of the Stymphalian Birds! Enjoy your coffee next to a playground, where children can safely play!





#### **Included:**

- Private winery tour (1 hour)
- Storytelling for the whole family (30 min)
- Wine tasting for parents (30 min)
- Creative workshop for kids (1 hour)
- Lunch at the winery

#### **Optional:**

- Cooking class at the winery
- Hydrobikes in lake Doxa
- Guided biking tour around lake Doxa
- E-Bike or mountain bike rental

#### **Day 4: Mountainous Arcadia**





Visit Dimitsana and the open-air water power museum. Then, hike from the monasteries of the Lousios valley to the river and gorge to swim and rest under the trees and the wooden bridges. For lunch, you have the option to participate in a farm to table cooking class and lunch at an authentic traditional workshop. In the afternoon, enjoy your coffee and drinks at a very beautiful farm and natural playground or the silversmiths' village Stemnitsa.

#### Included:

Privately guided walk to the monasteries of the Lousios gorge (1 ½ hour)

- Rafting Lousios river (4 hours in total-2 hours rafting)
- Silversmithing workshop for the whole family
- Farm-to-table experience: guided tour of the traditional workshop, the food preparation area, the cookware museum and the library; vegie picking, cooking class and bread kneading by a local cook; traditional meal including appetizers, mains and dessert, accompanied by organic wine (red, white or rose), soft drinks, Greek coffee or tea.

#### Day 5: Mystras day trip





Visit the Byzantine city of Mystras, one of the most important centers of the Byzantine Empire (1280-1400 AD) with an interactive "Game of Thrones" tour led by a state-licensed guide experienced in kids and teens. You will have the opportunity to walk around the Acropolis of William, and visit the museums within the cluttered walls, full of elements of daily life and monasteries where nuns still live.

In the afternoon, an artist will engage your kids in a mosaic and handmade art workshop in your hotel or you will have the option to participate in an educational tour and activities at an orange grove and farm.

#### Included:

- Game of Thrones interactive private guided tour
- 2-hour creative mosaic and handmade art workshop for kids

#### **Optional:**

Educational tour and activities for kids at an orange grove close to Sparta

#### Day 6: Monemvasia

Visit Monemvasia and stroll along the cobbled paths of the Medieval Castle Town, a natural fortress and Europe's only castle that has never ceased being inhabited. Walk amidst the mansions and the Byzantine churches and grasp the opportunity to taste Greek local wine varieties in an old cellar or create natural olive-oil soap together with a local host. [Not suitable for strollers].

#### **Optional:**

Guided tour, wine-tasting and soap making in Monemyasia

Day 7: Ancient Messene and the Messenian taste





Visit Ancient Messene, one of the greatest and best-preserved cities of antiquity. After your kid-friendly tour, you get the chance to taste the Kalamata olives and olive oil. Walk through the olive groves and marvel the perennial olive trees while kids indulge themselves in a treasure hunt with the guidance of our experienced guide. In a family friendly olive oil tasting & food pairing seminar, our certified olive oil sommelier will help you discover the richness of the Messenian taste. Traditional meal will follow.

In the afternoon, visit the Messenian capital, Kalamata, probably the most beautiful city of the Peloponnese with interesting museums and an authentic historic center around its Castle, that you can explore with a food tour.

#### **Included:**

- Privately guided tour in Ancient Messene with state licensed tour guide
- Harvesting (depending on the season)
- Treasure hunt for kids in the olive grove (>3 yo)
- Visit an olive oil mill
- Olive oil tasting & food pairing
- Light traditional meal

#### **Optional:**

4-hour Kalamata walking food tour

#### **Day 8: Explore West Mani**

Hike Old Kardamyli or explore the beautiful kid-friendly beaches of West Mani by sea. In the afternoon, explore by bike one of the most restful places in West Mani.

#### **Included:**

• Private 2,5 hour guided bike tour in West Mani

- Hiking Old kardamyli (shoulder seasons)
- Half-day guided sea kayak tour in the Maniot coast (small group)
- 4-hour private boat trip





Day 9: Ancient Pylos & the Gulf of Navarino

Visit Nestor's Palace, one of the most kid-friendly archeological sites, Pylos & Niokastro (the New Castle), also known with its Venetian name Navarino. If you are fond of exploring by the sea, you can enjoy a family boat or sea kayaking trip inside the Gulf of Navarino, famous for the most decisive naval battle during the Greek Revolution, the Battle of Navarino (1827), and the last major naval battle in history fought entirely with sailing ships.





In the afternoon, you will visit an artistic farm, where kids will create handmade souvenirs from materials collected from the sea with the guidance of an artist and pedagogue, while parents will have the chance to enjoy a massage. Taste handmade snacks and traditional sweets, as well as handmade lemonade, and if you want, enjoy a private dinner prepared by a local chef!

#### **Included:**

- Eco-tour & 2-hour creative workshop for kids
- Snacks, sweets and homemade lemonade
- Massage for adults & wine

- Family hiking in the paths of King Nestor (shoulder seasons)
- Half-day boat or sea kayak guided tour in the Gulf of Navarino (small group)
- Pasta-making class in Gialova

- Cooking class and farm-to-table meal
- Exclusive picnic with great view or dinner in the best fish restaurant of the area

### Day 10: Trip to Ancient Olympia & departure





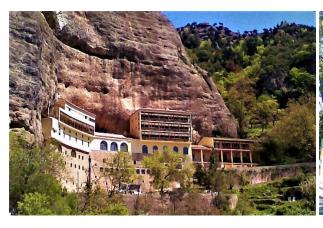
Enjoy a full-day trip to Ancient Olympia, farm-to-table lunch at a honey farm, excavation simulation and a privately guided family friendly tour in the site and the Museum.

#### **Included:**

- Visit and honey seminar at the farm
- Traditional meal at the farm
- Excavation simulation
- Privately guided tour with state-licensed guide in Ancient Olympia

#### Proposals for extension of your trip in summer months:

#### Kalavryta & Vouraikos gorge





Visit Kalavrita, a village of great importance for Greece's history, and the Vouraikos gorge with the famous rack railway characterized as "one of the most spectacular train rides of the world".

#### Boat trip in the Corinthian or the Argolis Gulf





Enjoy the Corinthian or the Argolis Gulf. In the Corinthian Gulf, you have high chances to watch the dolphins. Discover tiny islands, untouched beaches, small fishing settlements with fresh fish and authentic taverns, archaeological sites by the water and unique sights of interest.

#### **Explore the Messenian Islands**





Explore Proti island, whose name derives from the sea god Proteus, son of Poseidon. That is why, according to mythology, Proti resembles a crocodile: when Proteus would become angry, in his wrath, he would be transformed into a beast and take the form of an island.

#### **Accommodation options:**

This family package includes accommodation in:

- Studios, apartments & family suites in hotel with breakfast
- Self-catering studios & apartments









### Possibility for an upgrade to:

- Luxury private villa
- > Detached house in a complex with shared pool
- Detached house in a complex without pool









### **Additional Services** (upon request)

- Massage
- Hairdresser nail & salon services
- Personal training
- Yoga/ yoga for kids
- Grocery delivery
- Chef or catering services
- Creative activities for children & baby-sitting led by a pedagogue
- Private cinema in your villa
- ➤ Live music/ private party with a DJ
- Private concert
- Photo shooting
- Private transfers

#### **Terms & Conditions**

Upon filling the request form, the customer receives a personalized draft proposal, including an indicative day-by-day program and an indicative description of the accommodations, the tours, the activities and the services. This draft proposal serves as the basis of the customer's travel plan.

If the customer wishes to continue, a deposit of 250 euros +VAT 24% (310 euros) is required, which is part of the cost of the trip, in order for the travel advisor to adjust the plan according to customer's wishes. The final cost is determined by the final travel plan that includes all the activities and extra services that the customer will select until the start of the trip.

When the customer is absolutely satisfied with the travel plan, he/she proceeds to booking paying a 50% deposit of the remaining amount. The remaining 50% is settled 7 days before the start of the trip. In case the customer does not proceed to booking, the initial deposit of 250 euros +VAT 24% is non-refundable, as it is considered to be the consulting fee paid to

the travel expert and advisor for sharing all his/her knowledge and information. On a detailed account, you are recommended to read the terms **here**.

#### **Cancellation and Refund Policy**

Our cancellation policy applies as follows:

- More than 22 days prior to the starting date of the trip booked: Full refund, excluding the consulting fee and credit card fees
- 8-21 days prior to the starting date of the trip booked: 50% refund, excluding credit card fees
  - 0-7 days prior to the starting date of the trip booked: no refund
  - No show: No refund
- In the event that MAMAKITA needs to cancel a booking, the respective payment will be fully refunded.
  - Refunds will be returned within 30 days of the cancellation date.

#### Read also our **Privacy Policy**

#### **About MAMAKITA**

MAMAKITA Family Friendly Greece is an online travel agency specialized in family travel and custom family vacation itinerary planning in Greece.

Our mission is to provide families travelling with kids to Greece with premium and personalized family travel consulting services based on first-hand experience, to create custom-tailored travel itineraries and private family & kid-friendly activities and experiences that will make each and every one of the family happy.

Whether you are an adventure-seeker, or you prefer to live your family vacation at a slow pace; whether you opt for outdoor activities and hiking with kids or you have a special interest in Culture, History or Arts; whether you like agritourism, wine tourism, farming, tasting the local produce or Ecotourism and the exploration of Greece's wild life, we, the MAMAKITA travel designers have travelled across Greece, traced the ideal family destinations for every taste and built a network of top service providers with whom we share the vision to create every family's "Grecious" travel story.

#### Family & kids friendly travel planner in Greece

- Personalized planning based on first-hand experience
- Custom itineraries for vacations with kids in Greece
- Privately guided tours and services for families
- Things to do, hands-on family and kids' friendly experiences
- Family friendly accommodation

#### Why Greece is the ideal destination for your family vacation? Learn more here